

## **SEMINAR SUMMARY PRESENTATION**



**Dr Jennifer Papoutsis**  
**Clinical Neuropsychologist**  
**BSc, GDipPsych, DPsych (clinical neuropsychology)**

***'Management and Treatment of concussion in a paediatric sample: A review of the most current guidelines'***

Identification and management of concussion, particularly complicated concussion, can present a challenge to front line staff. This presentation will review the current guidelines regarding best practice management of paediatric concussion, as well as evidence-based strategies and resources to better support children in returning to usual activities such as school and sport.



**Dr Indranath (Kavi) Jayasinghe**  
**Clinical Neuropsychologist**  
**BA, GradDip (AppSci), GradDip (Psych), BBS (Hons, 1st Class), DPsych (Clin Neuro)**

***"Autism Spectrum Disorders: Recognition, Screening, Diagnosis and Management in the GP Clinic"***

The symptoms associated with autism represent a lifelong challenge for individuals diagnosed with of. Early recognition of Autism Spectrum Disorder (ASDs), together with timely diagnosis and appropriate management, have clear implications for optimal outcomes for children in terms of developmental progress, psychosocial functioning, and mental health. In addition, appropriate management and support holds considerable implication for the mental health and wellbeing of parents and families. The context of the GP office offers an opportunity for ASD screening and optimal outcomes for individuals with autism and their families.

This presentation will provide an outline of the signs and symptoms associated with autism and will offer a summary of how ASDs might be managed in the context of the GP office. In particular, it will provide and discuss a number of brief autism screening tools suitable for use in the GP office, and will outline the reasons for, and the steps involved in, further seeking a formal autism diagnosis. Finally, it will provide recommendations for management and support of individuals with ASDs in the GP office.



**Mrs Brigitte Caruana**  
**Clinical Psychology (registrar)**

***"Anxiety disorders"***

Anxiety disorders are among the most common psychiatric disorders, with approximately 7% of all children and adolescents aged 4-17 having one or more anxiety disorders. Although there are many similarities between youth and adult anxiety disorders, there are important differences that should be considered, particularly in. This presentation will focus on helping GPs identify symptoms and signs of anxiety in children and adolescents, as well as assistance with its treatment and management.